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A parallel examination of how the atmosphere of intermediate schools affects students' enthusiasm in learning in both urban and rural settings

Sanjit Kumar

Research Scholar, Department of Education,
RKDF University, Ranchi

Abstract

A system of education where pupils study several disciplines at once. In a parallel examination, for instance, a student might study history and English studies together. Subject matter can be incorporated into lessons by teachers in the classroom such that the many subjects support one another. Making students recognize links between the disciplines they are studying forces them to learn more interactively, which is another advantage of concurrent education. This type of education will provide students a more well-rounded understanding of several subjects, which will better prepare them for college or the workforce.

It's critical to have adaptability in a world that is ever evolving. It is one advantage of receiving education in parallel. It teaches you how to learn in parallel fashion. You find it easy to adjust to new circumstances and grow accustomed to change. It imparts self-taught knowledge to you. The ability to self-teach comes after mastering parallel education.

It's a given that life in college can be demanding. In addition to attempting to figure out who they are and what they want to accomplish with their lives, students are balancing classes, tests, and extracurricular activities. Because of this, it's not surprising that mental health conditions like sadness and anxiety are prevalent among college students.

Introduction

Students learn alongside friends and receive instruction from a single teacher in a school. However, learning and information can be acquired at any time and from any location; they are not limited to classroom settings. Through playmate learning, parent tutoring, and extracurricular tutoring, students can acquire knowledge. Students can differentiate themselves and become class champions thanks to their wealth of information. It costs money, time, and effort to be a good student. It's clear and relevant to see how individual performance changes over time in relation to kin interest in that specific program. The Nigerian population has become more and more interested in pursuing lifetime careers in a variety of professions over time (Tawari and Koko, 1996; Lough, 2010), a desire that is not supported by the current educational system. Due to early poverty and a pretertiary education, or because of circumstances surrounding their admission to tertiary institutions where some candidates' chosen school and course of study do not materialize, the Nigerian educational system has not in recent years provided sufficient opportunities for young people to demonstrate their abilities in their desired fields (Pandey and Tiwari, 2014; Laleye, 2015). Since most university administrations expect these fifty thousand applicants to complete any program they offer, their enthusiasm is tempered because some of them find the

offered program unsatisfactory. Initially, the applicants' excitement may provide as a starting point for students to expand on the program's key principles and objectives.

Enthusiasm of the Examining Urban Student

Researchers in location-based economics may refer to themselves as spatial, urban, regional, or economic geographers. Due to variations in theoretical framework and the spatial scale of interest, the terms urban, regional and spatial economics and economic geography have historically had different and more restrictive definitions. These contrasts are important for research topics, real-world phenomenon interpretation, and normative policy analysis, but they are less important for technique or defining the boundaries of the subject. As an alternative, optimizing behavior, resource constraints, and spatial equilibrium are common tools used by urban, regional, and spatial economics, economic geography, and other related fields to comprehend a wide range of phenomena at building, block, neighborhood, city, metropolitan, regional, national, and international scales (Proost & Thisse, Citation2019). Indeed, a wide range of eminent academics have contributed to these distinctions. Because of this, even if they are interested in different spatial scales, economists who study location are frequently grouped together under the name "urban economists."

Urban economics has expanded in scope and importance in recent years. An indication of this phenomenon is the rise in attendance at conferences focused on urban economics. The Urban Economics Association, which was founded in 2006, had its annual meetings in Vancouver in 2017 and included over thirty sessions. There were over seventy sessions at the 2019 meetings in Philadelphia. Additionally, there has been a rapid increase in the number of more specialized conferences focused on urban economics. Urban economists are also publishing in top general-interest economics journals such as the American Economic Review or the Review of Economic Studies, top general-interest or field journals such as the American Economic Journals or the Review of Economics and Statistics, or interdisciplinary field journals like the Journal of Regional Science or the Journal of Economic Geography, in addition to JUE and RSUE. Note #4

Research into rural students and the educational process

Education is the culmination of all the methods by which an individual cultivates skills, behaviours, and other types of constructive social interactions in his community. One definition of education is the methodical process of assessing how well the general public satisfies the learning objectives. The structuring of the living state depends heavily on education. According to Plato, education makes decent men noble. Four components make up a proper education: learning, virtue, breeding, and wisdom. The core of Locke's notion of education can be found in this statement. A lot of people in India still reside in villages, making rural education a crucial issue there. Even while the number of rural students completing schools is increasing, according to a survey called the Annual Status of Education Report (ASER), more than half of fifth-graders are unable to read a textbook intended for a second grader and are unable to complete basic mathematics questions. In addition, reading and math proficiency have become worse. While efforts are being made, they are not going in the proper way. Here, the causes of this issue as reported in surveys are examined.

The growing number of single classrooms teaching many grade levels of kids may be one of the causes of the low quality of education received by rural students. There is a decrease in both teacher and student punctuality in certain states. These are some of the reasons why rural education in schools has not succeeded. Due to a shortage of qualified professors, appropriate textbooks, and in-class instruction, rural schools have significant challenges with regard to both the quality and availability of education. Government schools do exist, however there are significant differences in their quality between them and private schools.

Conclusion

Through this study, we hope to gain a better understanding of how staff and student perceptions of the school atmosphere affect student progress. The results have united the notion that school atmosphere and school identity are critical to student success. Finding the psychological underpinnings of the achievement-climate relationship was another goal of the current investigation. As students' school identification surfaced as a mediator in two of the three learning domains, this goal was partially met. This has shown promising intervention targets and areas to explore in further research. Additionally, by employing multilevel modelling and measuring many viewpoints on the atmosphere of schools, the study addressed significant methodological issues that were noted in the literature. All things considered, this research offered empirical evidence proving that social identity and school climate are fundamental factors that can raise student accomplishment.

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Private And Public Primary Schools Use Different Computer Education Systems

Ranju Kumari

Research Scholar, Department of Education

RKDF University, Ranchi

Abstract:

This study aimed to examine the availability of ICT resources in Jharkhand's secondary computer education programs, both in public and private institutions. The survey encompassed all secondary schools in Jharkhand, including public and private. Only the Ranchi Division of Jharkhand was included in the study. Ten percent of the accessible population was selected as a sample. Descriptive surveys were used in the study. As a research tool, the investigator employed a checklist. It was discovered that most secondary public and private schools with computer education have desktop computers, chairs for pupils, printers, the Internet, and UPSs. The computer labs of most secondary public and private schools lacked overhead projectors, multimedia projectors, and video cameras. A generator was not available in most secondary public school computer laboratories, and an air conditioner was not available in most secondary private school computer labs either.

KEYWORDS: Computer Education, Facilities, ICT, Public Schools, Private schools.

Introduction:

Information and Communication Technology (ICT) is defined as a diverse set of technological tools and resources used to communicate, and to create, disseminate, store, and manage information. In the present era, ICT mainly comprises of Computer Technology (CT) with its hardware, like personal computer (PC) machine, infrastructure required for setting up Internet facility and also software like, CD ROM including various program packages, E-learning strategies, etc. Also, ICT in education is the supporting material in the hands of the human resources involved in the instructional process in order to enhance the quality of education and students' learning (UNESCO, 2002).

ICT in education is any educational technology that is applied in the educational process. It encompasses Hardware approach like the use of machines and materials, Software approach like the use of methodologies and strategies for teaching and learning activities, and Systems approach that uses the management technology that deals with the systematic organization of the hardware and the software approach (Sharma, 2003). Different software packages are being used in education system; e.g. Library software, administration software, software related to managing the entire teaching learning process, etc. (Sanyal, 2001)

According to Webb (2007), ICT has changed the ways people communicate; resulting in significant innovations and transformations in agriculture, education, medicine, engineering, industry, business, and many other fields, etc. ICT has great potential to change the nature of the delivery of quality education, teaching methods, and the role of teachers and learners in teaching learning process. ICT based tools and technologies challenge the traditional concept of teaching learning methods and materials; and it reconfigures how teachers and students access to new knowledge and skills. To meet this challenge, schools should use ICT for teaching and learning

to move towards transforming the conventional method of teaching and learning. ICT has made remarkable progress in the last few decades in education sector across the globe (Loveless, 2003).

In education system, the use of ICT has become imperative to improve the efficiency and effectiveness at all levels; and both at the formal and non-formal settings. Profound technical knowledge and positive attitude towards this technology are the prerequisites for the successful learners of the present and coming era (Kozma, 2005). The education system in Jharkhand consists of three stages viz: Elementary education, Secondary education, and Higher education. The secondary education (SE) is considered as an important stage in the life of a student like other stages. Therefore, it is the need of the hour to use ICT in secondary education to achieve the desired objectives regarding students' learning outcomes (Rasul, 1998).

In the present age, the progress and prosperity of the developed countries are lying in the effective use of ICT based knowledge and skills in their educational system for Human Resource Development (HRD), and in the provision of Quality Education (QE) to the learners. Proper use of ICT is a source of the enhancement of the knowledge; skills; and improvement in teaching learning process both for the teachers and students. Also, the use of ICT develops students' cognitive skills, critical and reflecting thinking. Developed countries of the world have been spending a lot of resources on the ICT infrastructure in schools, over the past few decades (Vol man, 2005). All the developing countries are also focusing on the integration of ICT in teaching and learning practices; and are establishing computer labs in schools. Jharkhand is also a developing State and is making progress in every field of life but the proper use of ICT in schools is not up to the mark in this regard. A large number of teachers in Jharkhand are still using traditional methods of teaching and learning to disseminate knowledge and skills to the learners. Poor infrastructure in schools and lack of proper finance are the major obstacles in the proper utilization of computer labs in Jharkhand. The Government of Jharkhand had taken significant steps and 4286 computer labs were established in the public secondary and higher secondary schools in 2009. It was a great initiative to provide modern ICT facilities in public secondary schools. Modern ICT tools such as computers and high speed Internet were provided, under this project in every public secondary school and higher secondary schools in Jharkhand (Jharkhand IT Labs Project, 2009).

On the other side, the private sector has also become the back bone of the economic development of a country. The private sector has been playing a vital role in the promotion of ICT based knowledge and skills. Private schools are making effective use of ICT tools to enhance students' learning outcomes. The public and private secondary schools which are equipped with ICT facilities can provide quality education to the students in a better way. Therefore, the use of ICT in educational activities is a source of the improvement in teaching learning activities (Long, 2001).

Computer Education Systems in Private And Public School

By method, this study was a quantitative approach to a descriptive survey type. The accessible population consisted of all secondary schools in the Ranchi division, both public and private. To

gather information regarding the availability of ICT facilities in computer education, the researcher employed a check list as a study tool. To gather the data, the researcher made in-person visits to each of the selected schools. With IT teachers' assistance, the researcher completed checklists. The Chi-Square statistical technique was used to arrange the responses and tabulate, analyse, and interpret the results.

Conclusion

It was discovered that the majority of secondary computer education programs in both public and private schools included desktop computers, chairs for pupils, printers, the Internet, and UPS. The computer labs of most secondary public and private schools lacked overhead projectors, multimedia projectors, and video cameras. Most computer labs in secondary public schools did not have air conditioning, and most computer labs in secondary private schools did not have generators. A study examined the obstacles that prevent instructors and students from effectively utilizing computer education, including a lack of computers in classrooms, teachers' unfamiliarity with ICT, a lack of time, a lack of funding, and students' inability to access computer labs. The current study's conclusions align with previous research findings. The results of this study were used to draw the conclusion that, although there are a variety of reasons why computer laboratories in the public and commercial sectors aren't operating as they should, a key one being inadequate funding.

- 1) In both public and private secondary schools, computer labs should be equipped with video cameras, multimedia projectors, and overhead projectors.
- 2) In order to deal with load-shedding, public secondary schools should have generators available in their computer labs.
- 3) In order to provide a conducive environment for both teachers and pupils, private secondary schools should have air conditioning in their computer labs;
- 4) Sufficient funding for the appropriate functioning of computer labs should be provided by the Jharkhand Education Department and school administration.

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The Role of Public Libraries in Socio-Cultural Development in Rural areas in Bihar

Kumari Chandni

Research Scholar, Department of Education
RKDF University, Ranchi

Abstract:

Generally a library is a place where individuals access information and ideas. Access to information is very crucial; it accelerates the level of individual advancement as well as corporate educational development. Information is treated as an economic resource or as a catalyst to development and for making good decision. Information society is a society in which the quality of life as well as prospects for social change and economic development depends upon access to information to meet their needs and requirements. Public libraries are an important entity in local communities, particularly in rural and disadvantaged communities. They are more than shelves of books. Public libraries offer an ever changing range of cultural resources for the community, and they have become a type of social and cultural institution. This article discusses the broadly accepted conceptualization of information for development of social and cultural activities in people of rural areas by providing the information at all the levels necessary for that. In turn, it links between community development, empowerment and rural public library usage in Bihar.

Keywords: Information Access; Information Society; Information Literacy; Public Libraries; Internet Access; Knowledge Society; Collection Development; Rural Library;

Introduction:

Generally a library is a place where individuals access information and ideas. Access to information is very crucial; it accelerates the level of individual advancement as well as corporate educational development. Access to information focuses on the rights of individual to have access to the information at the right time. Its importance is also seen as a determining factor to economic, social and political development of any nation irrespective of their culture, ethnicity, language, etc. In this information age, information is treated as an economic resource or as a catalyst to development and for making good decision. Information society is a society in which the quality of life as well as prospects for social change and economic development depends upon access to information to meet their needs and requirements whether the resources are in print, non-print/ electronic or in any format. Access to information is also access to internet with the emergence of information and communication technology (ICT). The internet has become another means of accessing information thereby overcoming inequality of information in a society. With information and communication technology, there is a wide gap or disparity in the availability, access and utilization of information between the developed and developing nations which gave rise to the concept of digital divide. According to the libraries can bank on the internet for the right information for users, in the right form and at the right time.

Libraries are often considered an essential part of having an educated and literate population. Information is an important resource which is essential for the progress of any individual and that of a nation, so access to right or relevantly updated information to its users is required at the right time for any literate society. Any information society requires information at every step. Public

libraries help to empower people in the enrichment, orientation and development of the citizens towards inculcating national pride and right sense of national culture. The public library can act as an important force for local community development and empowerment and can play a significant role in social and cultural development of a community. In this context, the public library can be viewed as a social and cultural institution that offers an ever changing range of cultural resources for the community. This can be particularly important in rural and disadvantaged communities. This role for public libraries often remains unrecognized and the major challenge is how to capitalize on the public libraries potential contribution to development and empowerment of community.

Public Libraries

According to public library is defined as it is being established to serve the generality of the residents of the community or town where it is located. Compared to other libraries it has about the most heterogeneous clientele as there is no restriction as to who can use it. According to (Roberson, 2005), a library is as an institution that manages the intellectual products that individuals can gain access. As per public library is the local gateway to knowledge, provides a basic condition for lifelong learning, independent decision making and cultural development of the individual and social groups. Knowledge is an important resource and public library is not only a cultural institution but also an essential welfare through the minds of people. The advent of information technology from the middle of 20th century has gradually changed the traditional process of information acquisition, communication and storage. The society is transformed with new a paradigm which is regarded as information society or knowledge society. Along with the traditional form of reading material such as books, manuscripts the new forms like microfiche, CDs, DVDs, journals, have become very important. The impact of ICT is slow in the public library in developing country like India compare to other types of library. The public library must be really accessible and its door open for free and equal use by all members of the community regardless of race, colour, nationality, age, sex, religion, status, or education . Public library is a learning centre where people can take part in learning activities, discuss and share knowledge and information. There are the problems of inadequate funding, training and retraining of staff, high rate of citizen's illiteracy, outdate and irrelevant collections of the public libraries and lack of recognition on the part of government to know the importance of libraries to economic, social, educational and national development of the country. The public library is positioned to provide and promote access to information which will result in to development of the society. Public libraries play a vital role in the lives of individuals and their communities. For generations, the local library has acted as a vehicle for access to knowledge, ideas and information and as a democratic service open and available to anyone. The public library is a trusted and recognised feature of the local area, but it is also a remarkable national asset and network.

Mission of the Public Library

The mission of the public library is represented below:

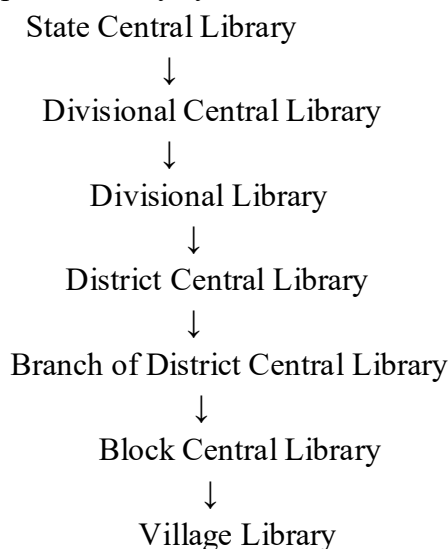
- Creating, developing, and strengthening reading habits in early age children and newly literature people.
- Supporting formal and informal education.

- Providing opportunities for self-developments.
- Creating awareness of cultural heritage.
- Supporting oral traditions.
- Ensuring access to all sorts of community information.
- Facilitating the development of information and computer literacy skills.
- Supporting and participating in literacy programs for all age groups.

The Structure of Public Library System in Bihar:

His Highness Sayaji Rao Gaekwad III, Maharaja of Baroda, was a great visionary, who pioneered the development of Public Library System in India as early as 1910. He carefully devised a compulsory programme of mass education in one district in 1893, and extended it to the entire State by 1907, and also made elementary education compulsory to all boys and girls in the State. His Highness also realized that universal education required a network of free public libraries, which would keep literacy alive, and enable men and women in rural areas to have access to the source of knowledge not nearside to open to them. The Maharaja named public library as people's university. The following States of Indian Union have Public Library Bihar 2008, 18. Only 17 states have enacted public library legislation. There are a total of 54,851 public libraries in India, of which, 30 state central libraries, 40 regional and divisional libraries, 364 district libraries, 4658 city/town libraries and 49,758 village libraries. 19 States have passed the Public Library Act.

The structural set up of a public library system in the India is represented below:



Socio-Cultural Development and Public Libraries

There are different opinions about community development. Some describe it as improving a quality of life; some think it is all about building community networks while others believe it is about empowering individuals and communities. In a traditional community development model, community developer works with groups of people to help them to reach their goals, and these goals could be anything from providing more public washrooms in a community to mobilizing community members to participate in an arts project. In a public library, librarians and staff members work with community members so that they can understand what the community needs

from the library in order to improve their quality of life. The librarians and staff members work with communities to understand how the public library can help them to reach their goals. In a public library context, community development also means building relationships with people. By providing access to current resources and technology, a public library successfully allows itself to go beyond a simple consultation or support process and expand into meaningful and inclusive collaborations, building stronger relationships and partnerships within its community. But the most important thing is that successful community development, especially in small rural communities, depends heavily on the success of its public library in identifying information needs and contributing to the future of the community.

Conclusion

Public libraries have virtuous right to provide access to information to all which can be used for self-empowerment, economic, educational and nation development. It is also supposed that the public libraries should help in accessing information regarding required materials, and information literacy programmes needed by its community users. Public libraries should strive to acquire information resources both in print and electronic format on social, economic, political and educational development that are current and relevant in making the communities to be literate. Most public libraries in the world are getting connected to the internet, and Indian public libraries should not be left behind in this development. There is urgent need for more development of our information resources by getting connected to the global information resources available to the whole library community users in the world.

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A Comparative Study Of Study Habits Of English Medium And Hindi Medium School Students

Binod Kumar

Research Scholar, Department of Education
RKDF University, Ranchi

Abstract:

Human beings, from childhood to the old age have the habit of study something. But in life to achieve high success it is necessary to have good study. In student's life society, teacher, family, social situation, atmosphere, punishment and gift gives inspiration to them. The success basically depends on their way of study. According to the proverb "tit for tat" student have to study hard to gain success. There are different subtypes of study such as study of textbook, planning of time, skill of note making, concentration, mental ability, explanation of thoughts and understanding the meaning of difficult words, phrases etc. and skill of increasing vocabulary are important. In the present study, since the objectives were to compare study habits of English medium and Hindi medium students studying in secondary schools located in Faridabad district of Haryana, therefore the descriptive survey method was followed which is comparative in nature. The investigator selected two Government schools where medium of instruction was Hindi and two English medium private school of Faridabad for the selection of 100 students as sample for the study. There were 50 students of class 9th who's medium of instruction was Hindi taken from Government schools and 50 students of same class were taken from English medium private schools located in Faridabad district of Haryana state. The Study Habit Inventory (SHI) developed by M. Mukhopadhyay and D. N. Sansanwal (2002) was used as a tool. The findings of the study show that there is slight difference between Study Habits of Hindi medium and English medium students which is statistically insignificant. It can be concluded that Hindi Medium and English Medium students have similar study habits. However, in the context of the mean scores, it can be seen from the table that English Medium students have better study habits than Hindi Medium school students.

Key Words: Study; Habit; Study Habits; Achievement; Performance.

INTRODUCTION

Basically human success depends on the habits. Habits are in different stages but in student's life habits of study is the most important thing. The success basically depends on their way of study. According to the proverb "tit for tat" student have to study hard to gain success. There are different subtypes of study in that skill of test, study of textbook, planning of time, skill of notes, concentration and mental ability, explanation of thoughts and understanding the difficult or problem, skill of increasing vocabulary are important. But all these sub habits of study we develop in the future of students. But in all these to give proper direction the most important role is played by parents, teachers, school and society. In student's life examination is the most important aspect which gives the real turn to the life of student. So it is one of the important aspects in his success.

Today's world is the world of competition. If we have to survive in such situation success exam is the most important aspect. So, the bright success in examination is very important. For that

purpose it is important that study habits and methods of achieving and motivating the students, to develop good habits of study are necessary for the students to understand the achievement motivation. Today's students are going to become a citizen of tomorrow and they have to overcome these difficulties completely. Hence, the secondary and higher secondary level students' study habits and achievements motivations, home environment and school environment variable correlation is mentioned in the research through comparative study. Conceptual development is thus a continuous process of deepening and enriching connections and acquiring new layers of meaning. Alongside is the development of theories that children have about the nature and social worlds, including themselves in relation to others, which provide them with explanations for why things are the way they are and the relationship between cause and effect. Study habit is the pattern of behaviour adopted by students in the pursuit of their studies that serves as the vehicle of learning. It is the degree to which the student engages in Hindi Medium acts of studying that are characterized by appropriate studying routines occurring in an environment that is conducive to studying. In short, study habits of students are determined through their time management ability, work methods, attitudes toward teachers and acceptance of education.

NEED AND IMPORTANCE OF THE STUDY

Education not only fills the missing links and gaps created due to a fast paced life, but also creates general awareness about changing scenario. Education is the axis around which revolves the fullness of human being and education forms an effective means to improve the status of character of living emotional patterns of the pupil, helps in intellectual, social and Emotional development and enables them to meet their basic needs. Thus education is an indispensable instrument for stability and progress of individual as well as society. In education, effective learning not only depends upon good teaching but also on satisfactory learning procedure i.e. good study habits. Psychologists believe that good study habits are the gateway of the knowledge and wisdom. It is the one of the effective means of systematic development of the personality of an individual. 'Study habit' as a habit is generic than specific in terms of importance. The relationship between study habit and students' academic performance has for long received attention from scholars and educational agencies. Raiz et al. (2002) revealed that there existed a significant and positive relationship between achievement of the students and the said factors like schedule of study, habit of note taking and writing book. Hence, study habits of students' plays important role in learning and fundamental to school success. Some of these factors identified are intellectual ability, poor study habits, achievement motivation, lack of vocational goals, self-concept, low socioeconomic status of the family, poor family structure and so on. The concept of study habit comprises the concept of study attitude, study method and study skill. Attitude towards study has a great contribution in academic achievement and good study pattern. Successful students adopt a positive attitude towards study and do not waste time or energy. Good study habits lead to good academic record and bad study-habits lead to poor academic record as there is a direct relationship between study habits and academic achievement. Study habits are usually defined as student's ability to manage time and other resources to complete an academic task successfully. 'Study habit' is the amount and kind of studying routines which the

student is used during a regular period of study occurred in a conducive environment. Study habits typically denotes degree to which students engages in regular acts of studying that are characterized by appropriate studying retains (review or material) occurring in an environment that is conducive to studying. Study habits refer to the activities carried out by learners during the learning process of improving learning.

A number of studies pointed out that study habits are important in academic success and formation of good study habit. In this study the investigator tried to find out the difference of study habits among English medium and Hindi medium students studying in secondary schools located at Rachi.

OBJECTIVES OF THE STUDY

1. To find out Study Habits of English medium secondary class students
2. To find out Study Habits of Hindi medium secondary class students;
3. To study the difference between the study habits of English medium and Hindi Medium secondary class students.

Emotional Maturity:

Emotional Maturity is the skill to knob the multiplicity which occurs unexpected situation. As a substitute of seeking the justification for the multiplicity and unsuspicious the self-condemnation for their actions. Emotionally matured people are uncut to love and affection. They have worthiness to trust them and worthiness to trust other people. They find it easy to learn from their own life experiences. They recognize their potency and limitation and they winnow criticism positively. They do not waste their time and resources. They confident in life and unchangingly ready squatter the life with self-belief and self-assurance.

Academic achievement

Academic achievement is the extent to which a student, teacher or institution has achieved their short or long-term educational goals. Wonk victory is wontedly measured through examinations or continuous assessment. As students may come from variegated cultural preliminaries and undergo variegated learning environment, it is important to identify the learning styles of students so that to modernize the overall outcome of the wonk performance among the students. Being worldly-wise to understand the students learning styles and its effect towards wonk victory is then therefore important to the teachers to help the students improving the wonk achievement

MAJOR FINDINGS OF THE STUDY

The mean score of Study Habits of 50 Hindi medium students' of Government schools was calculated to be 137.02 with standard deviation 39.44. While the mean score of Study Habits of 50 English medium students' of private schools was calculated to be 140.84 with standard deviation 39.44. This shows that there is slight difference between Study Habits of Hindi medium and English medium students. The calculated t-ratio between the study habits scores of Hindi medium students of Government schools and English medium students' of private schools was calculated to be 0.97 which is statistically insignificant, so no significant difference exists between study habits of Hindi medium students of Government schools and English medium students' of private schools. It can be conclude that Hindi Medium and English Medium students have similar study habits. However, in the context of the mean scores, it can be seen from the

table that English Medium students have better study habits than Hindi Medium school students. Thus, to enhance the quality of education, there is a need of achievement motivation in order to improve the study habits of the students.

CONCLUSION

No significant difference exists between study habits of Hindi medium students of Government schools and English medium students' of private schools. It can be concluded that Hindi Medium and English Medium students have similar study habits. However, in the context of the mean scores, it can be seen from the table that English Medium students have better study habits than Hindi Medium school students. Study habits is influenced by introduction of creative work, various mental problems solving games and exercises on a larger scale and enforced with a spirit of competition which improves the study habits. School should make provisions for good training program for enhancing study habits. Individual counselling can serve as an effective intervention to improve their study habits. While teaching, it is important that teachers should enhance study habits in the classroom and aware of the variety of strategies that they can use to teach students as related to promote their study habits. It is recommended that future research in an effort to support the qualitative findings of the study conduct follow-up studies on a broader scale as regards to sample size, diversity of participants included in the study, and the number of schools included in the population study of more participants and/or more schools would almost certainly yield greater insight and perhaps an even closer convergence with the findings of this research. The investigative study focused exclusively on secondary school's students thus there is a need for future study to be directed toward elementary schools. Future research needs to ask the question as to whether or not the role of parents, caregivers as socializes of achievement on study habits. It would be interesting to make comparison, study habits between urban and rural students. Recommended that school counselling as an intervention be included as a variable in further research on the study habits .Needs to ask the role of school environments, socio economic status, students' race, ethnicity, curriculum, parent involvement on study habits.

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The Contribution Of Isai Missionary To Educational Development: A Study Of Tribals In Jharkhand

Dasarath Mahato

Research Scholar, Department of History
RKDF University, Ranchi

Abstract:

In this article we seek to show that the work of ISAI missionaries in various parts of India has been effective without any negative intention. Wherever missionaries are active, the people are found to be educationally developed, especially among the deprived, the poor, the exploited and those excluded from mainstream society. These missionaries gave hope to these people they have been trying to help educationally, socially, economically and politically. It tries to concentrate on unexplored areas of study. The paper constitutes the first kind study to focus on the empirical investigation of the role of Christian missionaries in educational development in the State of Jharkhand in India. This study has policy implications for understanding the various forms of their contribution to educating the tribal of Jharkhand. This study also confirmed that in the education level among the tribal was very much lower in comparison to Jharkhand, because in this village, only a government school was present there.

Key word: tribal education, ISAI missionaries, pragmatic work, Jharkhand

Introduction:

Christian missionaries have been working in almost all fields of tribal life, especially in education and health. They also introduced modern life and culture side by side with preserving the existing culture. The pattern of their work for tribal people is very innovative as they engage through dedicated and highly trained personnel by means of whom they gain confidence and willing cooperation and most importantly they do their work by considering it as service. Fuchs (2005), in this regard, observes that the welfare work carried out among tribal communities by Christian missionaries seems to have been much more successful and impressive than that of the government agencies. They work wholeheartedly as insiders thanks to whom they have developed a community feeling with the local population. However; it is also true that missionaries offered this community education in missionary schools, primarily teaching Christian scriptures to make them loyal subjects. Missionaries propagated Christianity widely, distributing tracts and condemning Hindu practices through speeches in bazars and public places. Jharkhand is one of the predominantly tribal states, in which 26.3% habitants are tribal and Jharkhand contributes 8.4% of the Scheduled Tribes population to the total ST population of India. It is also a land with many primitive tribes. The State has had a history of missionary welfare activities since the 19th Century, especially in the Chotanagpur region. Chotanagpur is a large area of Jharkhand state where the maximum number of inhabitants is tribals.⁵ The major findings are that wherever the missionaries are active the socio-economic and educational status of tribal is found to be high and they also have a higher degree of social capital. Social capital is a collaborative process in which different groups of people are engaged in the development of something or some specified group of people. The concept was first used by the Hanifan (1916)

but was developed systematically and sociologically by Bourdieu (1986), Coleman (1988) and Putnam (1995).

Background

The role of Christian missionaries has been extensive and highly visible in almost all areas of tribal development but education is one area in which it has given particular momentum to development. Its importance can be recognized from the words of Dominic Jala (2007), “If there is one field in which missionaries among the tribal have contributed in a very tangible way, it is education. It opened for the tribal people immediate access to ways of coping with a fast developing world”. The Christian missionaries believe in the principle of maintaining the status quo of egalitarian society in which they involve themselves by looking at everybody as equal in society. In a speech delivered at the Scheduled Castes and Scheduled Tribe Area Conference in 1952, India’s first Prime Minister, Jawaharlal Nehru, observed: “The Christian missionaries went to various tribal areas and some of them spent practically all their lives there....I do not find many instances of the people from the plains going to the tribal areas ...Missionaries did very good work there and I am full of praise”. The contribution of the Christian missionaries towards the education of the Adivasis (tribal) of Chotanagpur has been praised by many educationists. In the words of the anthropologist Sachchidananda (1967), who is very familiar with the work of the missionaries in the area, “the Christian missionaries have been pioneers in the field of tribal education. They have a rare sense of dedication to the cause. Their teachers learn the tribal language of the area...They gain the confidence of the villagers. The amount of labour they put in is very much greater than other teachers. They create in the heart of the tribal the zest for education. All these qualities must be emulated by teachers employed by other educational agencies”. Even a staunch critic of Christianization in India, the historian Pannikar (1963) honestly admitted: “the work of the missionaries among the aboriginal tribes may be said to have created a tradition of social service which modern India has inherited. If the Indian Constitution included special provisions for the welfare of the tribal communities, and Adivasis, and if the Centre and the State are making concentrated efforts to bring them up to the general level of India, much of the credit for such activities must be given to the missionaries”. A distinction needs to be made here between the church-related school and Christian education. A church related school is constrained to operate within the educational system and Christian education that reaches out beyond, to the least and last members of the marginalized communities who are waiting to be conscientized and liberated.

Conditions of Tribal before the Arrival of ISAI Missionaries:

Before the arrival of the Christian missionaries, the social and economic conditions of the tribal, the original settlers of the land, were ones of great distress. Their life was almost like that of slaves, a situation imposed by the King, landlords, moneylenders and tax collectors. Through force and fraud most of the land was unjustly taken away from the peasants and a number of armed rebellions took place but were suppressed by political force. The Christian missionaries, under the charismatic leadership of Constant Lievens, Sylvain Grosjean, Baptist Hoffman, and the like, skilfully used the frustrations of the Adivasi to win their confidence by helping them save themselves from such oppressive conditions. The result was mass conversion among the

Adivasi to Christianity, which considerably changed the power relations in the society. It was a social revolution which brought about many more changes, in addition to religious change.

It may be noted that education did not come as the sole offer from the missionaries but rather it came with acceptance of membership of the Church. But this does not mean that only those who converted were educated; instead it opened up education to all, irrespective of caste, class, colour and religious affiliations. However, preferential treatment was given to those who converted to Christianity. Most importantly, the different studies on missionary education have confirmed that those who benefitted most from Christian education were non-Christians.

The Contribution of ISAI Missionaries to Education in India:

Despite having a small percentage of Christian population in India and it being a country with a larger concentration of Hindus, Christians' involvement was very deeply rooted in all parts of the country. The only reason was that the educational institutions were meant only for the upper caste of the Hindu hierarchical system or only for twice-born castes under the Varna system, especially in Ancient India. Historically, the lower castes and tribal were marginalized, exploited and deprived of educational opportunity. In this way, these people were socially excluded from all walks of life. And hence the ISAI missionaries experienced and recognized this system of hierarchy prevalent in Indian society and found their way to providing service for these people. However, when they started serving these people, other sections of the population also benefitted even more than them. The contribution of the Christian missions in pioneering modern education in India has been both qualitative as well as quantitative. The Christian educational institutions were among the best organized and managed in the country. These missionaries helped the tribal to proceed from savagery to modernity and thereby took off a heavy load from the shoulders of the government of India. Enormous work has been done by the ISAI missionaries in educating the youth of India. Christian missionaries take especial care of the youth of the country, irrespective of sex, creed, colour, and caste and have built for them numerous elementary, secondary and higher educational institutions. It was St. Francis Xavier who led the way in elementary education by exhorting his companions to build a school in every village. St. Francis Xavier was the first Jesuit to come to India and started the Indian mission in 1542. These schools were the pioneers of the modern system of primary education. Looking back, the earliest conversion in India took place among the Parvars of South India. These people were harassed by Arab pirates and powerful Hindus and ultimately protected by the Portuguese at the cost of adopting Christianity and the whole caste was baptised.

Gradually many colleges were established in different parts of the country. The idea of teacher training schools was firstly established by the Christian missionary as early as the 16th century. The system of boarding school was also firstly initiated by Jesuits in India. The missionaries were also pioneer of vocational education. Not only that but Christian missionaries also worked enormously for the education of Indian women. It was the Christian missionaries who first realized that no sound community could be created under conditions in which women were incompetent to teach the young and heal the sick. Thus, it is not surprising that the three major needs of Indian women, for teachers, doctors and nurses, were met at first almost entirely by Christian women.

It is also necessary here to see the link between the Christian missionaries and the British rule in India. The Christian missionaries were the first to come forward. The Baptist missionary William Carey came to India in the year 1793 A.D and he along with his friends established a Baptist mission in Serampore (1800 A.D.) and established many primary schools nearby the Baptist Mission. They even opened a printing press and started printing booklets in Bengali. Carey translated the Ramayana into English (1800 A.D.). Under his inspiration the Bible was translated into different Indian languages and a new edition of Halhead's Bengali Grammar was published. By their zeal an English school was established in Serampore in 1818 A.D., which is now known as Serampore College. Before the Charter Act 1813, the British rulers agreed not to interfere via missionaries activities and even sometimes opposed them. This was because of the fear that missionary education in English might offend the Hindus on the subject of religious conversion and in that way cause unrest among the Hindus and finally lead to problems for the Company.

The Charter Act of 1813, under British Rule, emphasized the advancement of education in India and finally a missionary clause was attached to Charter Act 1813 passed by Parliament. The Charter Act of 1813 granted permission to those wishing to go to India for promoting moral and religious improvement, which meant Christian missionaries to spread the use of English and propagate their religion. In addition to this an important clause in the act allocated a sum of not less than 1 Lakh rupees each year for the revival and importance of literature, for encouraging the learned natives of India, and also for the introduction and promotion of knowledge of the sciences among the inhabitants of the British territories in India. But the act was not clear about ways in which the money was to be spent for educational development. The Charter Act of 1813 is also known as the East India Company Act 1813. It is an Act of Parliament of the United Kingdom which renewed the charter issued to the British East India Company, and continued the Company's rule in India. The Charter act of 1833 laid down regulation about the permanent presence of missionaries of other countries also to carry out their educational work in India and increased the educational grant from 10,000 pounds per annum to 100,000 pounds per annum. The Government of India Act, 1833, appointed Lord Macaulay as the first Law Member of the Governor General's Council. He played an important role in building the foundations of bilingual colonial India, by influencing the Governor General, to adopt English as the medium of instruction from the 6th year of schooling onward, rather than Sanskrit or Arabic that was then used in the institutions supported by the East India Company. In his minute dated February 2, 1835, Macaulay insisted that the government should not withhold from Indians Western learning. As mass education was neither feasible nor desirable, Macaulay insisted that the best policy would be to "do our best to form a class (of persons) who may be interpreters between us and the millions whom we govern; a class of persons, Indian in blood and colour, but English in taste, in opinions, in morals, and in intellect".

Another major development in education under the colonial regime was the educational dispatch of 1854, popularly called Wood dispatch. It is considered as the Magna Carta of English education in India, as it emphasized mass education, female education and the improvement of the vernaculars, and favoured secularism in Education. The dispatch emphasized improving knowledge of the arts, the sciences and the literature of Europe, and insisted on English as the

medium of higher education. But it was not to replace the vernaculars. The dispatch replaced the provincial boards and councils of education by creating departments of public instruction in each of the five provinces into which the territory of company was divided at the time: Bengal, Madras, Bombay, the North-Western province, and the Punjab. By 1854, only 36,000 pupils were educated in government elementary schools, the missionary schools were instructing almost twice the number. Therefore, the education dispatch of 1854 had rightly encouraged the spread of mass education through a grant-in-aid system.

But after Indian Independence, the foreign missionaries began to decline in the context of the end of British rule in India in 1947. "Missionaries had a protected position in this subcontinent since at least 1813 when they were first permitted into territories controlled by the BCI Co. British imperial power had a protective shelter for their work."³⁷ By the beginning of the 1960s all missionaries who required visas had been withdrawn. Following the assassination of Indira Gandhi in 1984, the final loophole was closed and all foreign missionaries were effectively withdrawn. These days, a transitional phase has occurred in the history of missionaries in India and hence Indian Christians have found their place in the missionaries' activities by striking a balance between limited internal resources and foreign support.

The Contribution of ISAI Missionaries to Education in Jharkhand:

In Jharkhand, significant changes in society have occurred since the first arrival of Christian missionaries in 1845. The first Christian missionaries (Lutherans) came from Germany under the leadership of Rev. Gossner to the region in 1845. Catholic missionaries came in 1868 and became well established after the arrival, in 1885, of the Jesuit missionary Constant Lievens, honoured as the Apostle of Chotanagpur. Most interestingly in 1857, the year of India's First War of Independence, there were only three middle schools, i.e. the English School of Kishenpur (now Zila School of Ranchi) founded in 1834 by the British government, a Lutheran Middle School for Boys, and the Bethesda Middle School for girls. The latter two were run by the Lutheran missionaries for the children of new converts. There has been a sizeable investment especially by the Catholic Church, in terms of infrastructure and personnel dedicated to educating the poor and the rural youth. The network of educational institutions that exists today is the fruit of the early initiatives taken by missionaries, especially after the founding of the Catholic Church in Jharkhand.

In fact, the Christian missionaries felt the need for social transformation which is always associated with education of the masses. That is why Lievens settled down in Ranchi and thought of starting a school for the tribal, so that they could safeguard their rights over their property and liberate themselves from the dikus. German Evangelical Lutheran schools were initially used for inculcating biblical knowledge first and foremost, whereas the Catholic missionaries saw general education as the gateway to social change. Education for tribal was meant to restore their lost human dignity and restore their dignity as human beings. Therefore these schools developed a curriculum which was suited to them and their curriculum incorporated animal care, local herbal medicine, and land measurement in its ramified form, carpentry, black smiting, weaving along with reading, writing, maths, history, geography, physics and religion. The learning of Hindi and

English was given special emphasis in order to make tribal stand on a par with others.

Empirical Findings on the Role of Missionary Schools in Tribal Education:

This research is based on the empirical studies of two villages, Ranchi districts respectively in Jharkhand State on the role of missionary schools in tribal education and found many issues of relevance. The data was collected during 2006 – 2007 from the students of the age group 6 – 14 years through the interview schedule technique. The data was collected through the random sampling method on 200 students. The data, in fact, collected from the students was verified against the views of other groups of people present in these areas. These groups are NGO representatives, tribal and non-tribal, local leaders, administrators and elected officials with the help of focussed group discussion, personal interviews and ethno methodological investigation

The first and foremost issue that comes up in the analysis of the missionaries' contribution is whether the tribal children join the missionary schools directly or before joining them they study in some other school (s). In this regard, most of the tribal students (65%), in the village of Jharkhand joined the missionary-run schools directly without attending another type of school. However, it has also been noted that out of 35 per cent, 24 and 11 per cent of tribal students in the missionary schools have joined these schools after their study in the government and private schools respectively. The main reasons for leaving government schools as pointed out by the students were the non-availability of schools with higher classes in the nearby area, schools for higher classes located at a greater distance from their home, and lack of motivation among teachers concerning their education in the government schools. It has also been observed that the teachers from the government schools are not student-friendly, especially when it comes to the tribal students, and these students themselves feel alienated from other groups of students. So, it can be argued that they are forced to join the missionary schools, as they do not feel government schools to be a suitable place to study. Similarly, the main reasons given by the tribal students for their leaving a private school were: they had to pay fees to study in the private schools and there were no provisions for other educational facilities such as scholarships, text books, etc.⁶⁰ the second issue concerns the problem of boarding facilities, which is closely linked with the schooling of students. In this regard, it is found that there has been lack of boarding facilities in all types of school, including missionary-run schools in the villages studied. In fact, the study did not find a single boarding facility attached to any school in the villages studied. This indicates that the government and civil society organizations have failed to provide hostels to the students from the disadvantaged sections of society, though there is provision, in the government scheme, for providing boarding facilities for such students.

Satisfaction with the Working Pattern of the School:

There is no doubt that missionary schools have been working satisfactorily since pre-Independence days for the deprived sections of the community, especially for the tribal of India. So far as their working pattern is concerned, the maximum number of respondents (95% of tribal students) has been satisfied with the missionaries' schools in the village of Jharkhand. This is because teachers were fully committed to teaching and also cooperative with the students in all respects. It has been found that the teachers have visited their homes frequently and met their

parents. In the missionary schools also, facilities such as scholarships, mid-day meals and text books have been provided to the tribal students under the Sarva Shiksha Abhiyan (SSA) scheme, a centrally sponsored scheme of the government of India. It was also supported by the statement of Robert F. Manuel (Headmaster of the Modern English School, a private school, Jharkhand), who has stated that “Here the tribal have been developing in all aspects, whether it is educational or economic, because now they are getting education at all levels and have become more conscious about it. In all that, the Christian missionary has worked a lot for their advancement” (Based on the interview, conducted on 2 September 2006). In fact, missionary schools by becoming as “insiders” and engaging themselves in a participatory manner see the day-to-day problems of tribal students. Such a strategy is quite effective and fruitful because it is easy to locate their problems and try to solve them in a practical way. This finding was also confirmed by the very fact that this was only present in the village of Itki but not in the other. It was very obvious that most tribal people of this village follow Christianity because they have very positive views with regard to missionary schools. Secondly, most of the teachers in these schools are from their own community and hence they pay special attention to the tribal students. In this way, the missionary schools have been functioning better than the government schools.

Conclusion

The contributions of ISAI missionaries in the tribal areas have made an everlasting impact on the educational development among the tribal of India in general and in Jharkhand in particular. There are, in fact, many types of missionaries who worked or have been working in different parts of the country for the holistic development of tribal and Dalit's, who are deprived of equality of opportunity. This article has discussed the various forms of their contribution in educating the tribal of Jharkhand either directly or indirectly but in most of the cases it has been found that they have been directly involved with their day to-day activities and hence also their education. The approach of missionaries work seems to be very pragmatic as they work as an insider by looking at people's problems and then acting accordingly. The researchers' own study has also found that the missionaries have played a key role in education among tribes, as was seen in the case of the village of Jharkhand. This study also confirmed that in the village of Jharkhand, the educational level among the tribal was much lower in comparison to Jharkhand, because in this village, only a government school was present there. In this way, it can be said that the contribution of Christian missionaries is enormous in the life of tribal.

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Study Of The Impact Of Family Environment On The Mental Health Of High School Students

Neel Kamal Sinha

Research Scholar Department of Education,
RKDF University, Ranchi

Abstract

The goal of the current study was to determine how secondary school students' familial environments affected their mental health. After a statistical analysis of the data, it was shown that there is a strong positive correlation between mental health and family atmosphere. According to the report, there is a noteworthy beneficial correlation between the family atmosphere and the mental health of both male and female pupils attending government-aided and official schools.

Keywords: Family Atmosphere, Environments, Mental Health, Statistical, Correlation.

Introduction

Even though they attend the same school but are not in the same class, it is common to see children from various families display distinct personality traits, value systems, and academic accomplishments. A child's family is considered to be their first informal school, providing them with education. As a matter of fact, psychologists acknowledge that the moment a child opens his or her eyes and begins to receive various stimuli from the family environment, a portion of the unconscious mind develops, leading to the development of a distinct personality pattern and values, which the child takes pride in and uses as a springboard in school. He opens his channel of formal instruction with this initial school step.

Mental Health

As mental health can affect other forms of health as well as cause them, it is a crucial aspect of a person's overall health. A mentally healthy individual exhibits a homogeneous organization of moral principles, constructive attitudes, a pure self-concept, and a scientific understanding of the universe. A humanistic perspective on self-awareness, pleasant emotions, and attitudes toward oneself and others is also presented. There are many definitions and concepts related to mental health in the literature; a few of these are cited next:-

- Claims that the greatest way to characterize mental health is as a condition of on-going wellbeing, or as the union of zest and serenity. Thus, mental health is seen as a quality of a fully developed human personality as well as a social value that should be protected and promoted by leading a purposeful life.
- Even if you start to feel better, you should still see a doctor before quitting your prescription or therapy. If you need to keep up a treatment plan, work with a doctor to carefully modify dosages of medication.

- Although you see a mental health professional in addition, primary care physicians play a crucial role in long-term treatment.
- "The adjustment of human beings to the world and to each other with a maximum of effectiveness and happiness," according to Menninger, is "not just efficiency or just contentment or the grace of obeying the rules of the game cheerfully; it is all of these things combined." It is the capacity to keep a level head, be perceptive, behave in a socially responsible manner, and have a cheerful attitude.
- The capacity to cope well with the different stresses that life presents is what Cutts and Moseley refer to as mental health.

Family Environment

The assistance and well-being of individuals with uncommon appearances are greatly dependent on the familial environment. Clinical experience indicates that in a home where physical attractiveness is not viewed as a prerequisite for success and fulfilment, children, adolescents, and adults are more likely to have bright futures. Parents are urged to support their child's independence and to help them concentrate on other, more desirable traits. In order to address communication issues within families, interventions could be required. Kids often say they don't want to offend their parents by being honest about their troubles, while parents sometimes believe that keeping up a happy front is important at all times. Families could want assistance while deciding on a course of care, such as when to hospitalize a child. It is possible for siblings to suffer as a result of the additional time, energy, and care given to the ailing family member. Empathy and encouraging listening may be sufficient for a lot of these issues. Professional help is necessary for other family issues due to their complexity.

Conclusion

The primary goal of the current study was to determine how academic success and family circumstances affected the mental health of high school students in the humanities. A positive attitude is essential for the full realization of higher education goals, the seamless advancement of modernization construction, and the progressive development of society. It encompasses not only the physical health, psychological development, the shape of moral character, and the cultivation of perfect personalities in the majority of students, but also the overall quality of talents. This is critical because prior research has shown that mental health issues can lead to bad behaviours and hopelessness as well as a detrimental impact on students' academic performance. A range of mental health issues, including sadness and depressed affect, conduct issues and behavior disorders, and substance misuse, are generally found to precede parental rejection, according to longitudinal research by Rohner and Britner . Because they are all concerned with the academic and social-spiritual growth of children as well as the atmosphere in their learning environments, community counselors, teachers, school counselors, and parents will find this information to be valuable.

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Role Of Librarianship In State University Libraries In Bihar

Keshav Raj

Research Scholar, Department of Library Science
RKDF University, Ranchi

Abstract:

This paper aims to know the library resources, library services and facilities provided by the higher education academic libraries to their users, find out their problems in delivering better services to users, followed by the best possible suggestions for overall improvement and development of the libraries of selected higher educational institutions in Bihar. The study reveals that libraries of all selected higher educational institutions in Bihar have a good collection of library resources and provide user-oriented library services to their users. The study is confined to Academic libraries of selected higher educational institutions, Central University and state university colleges situated in Bihar and affiliated to the University Grants Commission (UGC). The study examines the resources, services and facilities available in libraries for their users, in this drastically changing environment. The study is unique in its own way as all the studies have been conducted on the use of public & academic library resources & services by its users, but the comparison of academic libraries of higher educational institutions in eastern Indian states, especially in Bihar type state, where literacy rate is still meager, is still untouched and the present study is an effort put forward to fill this gap. In addition, this study will be also helpful for the other academic libraries to adopt new trends & technology-based services and some suggestions to ensure better services to their users.

Key Word: Library Services, Academic Libraries, Higher Education, Comparative Study,

Introduction:

We all know that libraries play a vital role in the education system. Similarly, Academic libraries of higher educational institutions play an essential role in academic learning and research activity. The purpose of any library is to fulfill the information requirements of its users. Similarly, the academic libraries also have the same purpose of meeting the information need of their academic users, and they may be Undergraduate (UG) students, Post-graduate (PG) students, Research Scholars or Faculty members. Universities are the pictogram of higher education everywhere. The strength and standards of the university are evaluated through its library. The libraries of the universities or colleges provide their services to undergraduate, postgraduate and research scholars along with faculties and staff. Academicians are the major user of the university library, and they always need information speedily. Therefore, the resources of the university library must be adequately developed and efficiently organized to ensure their maximum utilization. User's particular needs or requirements should be the primary goal of the libraries, and in order to fulfill user's information, libraries must be acquainted with a

variety of library services.

Objectives of the Study:

1. To know the basic information and condition about Central and State University or Colleges libraries in Bihar, MGPU, LND, MS & SRAP Libraries.
2. To know the Library Resources, Services & collection of documents in the selected Central and State university & colleges library of Bihar.
3. To know about the users-oriented services, facilities available at the selected libraries as mentioned above.
4. To know the information or document retrieval & management system of the selected libraries as mentioned above.

Role of Librarian:

Academic libraries are mainly of three types: school, college and university libraries. Colleges and universities are the places for higher education in our education system. The academic library has been described as the “heart” of the learning community, providing a place for students, research scholars, faculty and other staff to do their study or research and advance their knowledge. The librarians and library staff provide numerous services to these users, addressing their diverse needs, characteristics, and interests.

Academic Libraries are the source of keeping and distributing the information through books, journals, maps, Thesis, Dissertation and other print & non-print resources that are used by students and faculties in their learning, teaching and research process. There are many types of Library resources i.e., human resources (strength of library officials, their qualifications and experiences), physical resources (library study space, chairs, tables, books and books selves, etc.), printed and e-resources are essentially necessary. The concept of service can describe as intangible activity, which is not stored and does not result in ownership. It means that services are the activities that are provided to the consumer. It is intangible and does not result in the ownership of anything (investor words, nap). The list of services generally provided by libraries is such as (i) Current Awareness Service (CAS); (ii) Reference & Referral Service; (iii) Translation Service; (iv) Selective Dissemination of Information (SDI); (v) Reprographic or Xerox Service; (vi) Online Public Access Catalogue (OPAC); (vii) Indexing and Abstracting service; (viii) Online / Electronic Service and Inter-Library Loan Service etc.

In all libraries as mentioned above, there is a drastic need for trained library professionals and permanent staff to run library house-keeping activity & services smoothly and in a better way. All selected library needs to extend their library building and upgrade their infrastructure compatible with the physically disabled users of the library. SRAP College Library needs more to expand their library building and renovate the old building. It also needs to increase the collection of documents. All the libraries, as mentioned above, have a good collection of documents concerning their users but, they need to grow their collection more. All libraries should adopt more technology-based services like web OPAC, RFID, Self-check-in/ check-out system in the library. Last but not least, only MGPU library partially opens on Sunday but, other all selected academic libraries are seen closed on Sundays and the holidays, so they should be

open on these days because most of the academic users and working professionals can only make use of the library resources & services on these holidays. So, arrangements should be made to open libraries on Sundays and the holidays too.

Conclusion:

Coming across to the results while five-six months of study, it comes to a conclusion that all above-mentioned libraries are well established, maintained and functioning good but, all need to update more. These all-selected libraries are progressing slowly, but surely they will become the ideal libraries of learning in the city Bihar, in the near future. All selected universities or colleges have separate individual library buildings. Among all selected libraries MGCU, MS & LND, except SRAP University or college libraries, provide electronic & print information resources and services for academic and research purposes. In this study, it is also seen that traditional library resources & services are being organized and provided by all the libraries well, but ICT based services are lacking.

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In Covid-19, The Effect of Online Education of secondary school Level

Chandan Gupta

Research Scholar, Department of Education
RKDF University, Ranchi

Abstract:

In Covid-19 situation has brought very much loss to a huge number of lives and has affected the normal life of the people. The society at large has been drastically hit by pandemic – both socially and economically. The educational system has faced the wrath of the outbreak on a larger scale. The traditional face to face classroom teaching learning shifted to online mode. During this pandemic the online mode of teaching-learning had a great impact on students at various levels across the globe. The main objective of this study is to analyses the impact of online classes among school students in Chennai city and to analyses the effectiveness of online – learning.

KEYWORDS: Covid-19, online classes, pandemic and lockdown, Learning

Introduction:

Online learning is education that takes place over the Internet. Online learning refers to an internet-based learning environment that can connect students of diverse backgrounds who boast different perspectives. A higher education institution will use a learning management system, or LMS, to facilitate online learning, which can take the form of asynchronous learning (where students are not required to be online at the same time, and utilize discussion threads and e-mails to complete coursework) or synchronous learning (where students must be online at the same time). Online learning is education that takes place over the Internet. it is reflected on preparing draft new education policy 2019 that has been regarded has a proactive and highly techno-efficient step time of this pandemic. For any innovative changes external and internal both forces are held responsible has discussed the three-step process. Online teaching mode is providing the feeling of psychological safety to the learning community in covid-19 affiliating period. The second step is about changing the process under which two options are left: either to adopt a new online mode in practice in other institutions, elsewhere or to innovate one's own. Therefore, it can be said that we were not unaware of the challenges and prospects of online education.

To continue the education of the students at various levels, most of the educational institutes planned for an online teaching-learning process and introduced the same. There was a drastic shift from traditional classroom learning to online mode of teaching-learning. Online classes initially were an entirely different experience for the learners, teachers and parents. While adapting to the new changes, the learners found it difficult to adapt and adjust to the online mode of learning. Different age-groups of students at various levels required different approaches for online mode of learning. The students, teachers and educators practiced to adjust to online teaching and learning. Through online classes, efforts were being taken to establish a strong connection and co-operation among the students, teachers and parents. Various online platforms like Google Meet, Zoom, Cisco WebEx, and Skype are widely used to impart quality education

to the students. E-learning tools have played a vital role during this lockdown period helping schools and universities.

Problem of Online Classes:

Online learning environments have grown in popularity and application in education settings. Usage of the tools continues to grow placing continued demand on instructional designers to develop appropriate learning applications. Students find it difficult to adapt to an online learning environment immediately after traditional classroom learning. Many students are not well equipped with a high internet connection that is required for online learning. The problems faced by the students are of great concern for the student, academicians and even for the parent, as the students are only oriented towards classroom theoretical related skills, lack of communication skills, lack of IT knowledge and global learning. The present study is limited to analyze the Impact of Covid-19 on education through online learning. The study is useful only for certain period of time and the paper is prepared based on various articles, reports and data published in different newspapers and online publications.

Advantages of Online Classes:

During the pandemic, although the online classes are helpful in providing quality education, it has a great impact on school students in learning through online mode. Many students are facing poor network connection. Due to this, students are unable to access the digital devices. In an economically backward family, the parents are not able to afford a smartphone. Even if a smartphone is provided, they are burdened with the cost of data packages which needs to be purchased periodically. To Study the level of satisfaction of the students towards the digital classroom. To reveal the various forms of online teaching learning modes adopted during covid-19 pandemic. To examine the challenges faced by the students in adapting to the online teaching learning process during covid-19 pandemic. To study the perception of students on online teaching learning during the covid-19 pandemic.

1. Online learning offers teachers an efficient way to deliver lessons to students.
2. Online education is far more affordable as compared to physical learning.
3. Since online classes can be taken from home or location of choice, there are fewer chances of students missing out on lessons.
4. Online courses have greater flexibility in choosing the best time to learn.
5. Online classes foster more interaction
6. Online classes give you real world skills
7. Distance education can improve your career prospects. Even while working full-time, you can enroll and complete an online programme that can further your career prospects.
8. Online learning a method as safe and viable option for education continuity because of the covid-19 Pandemic

Dis advantage of on line Classes:

The present study is limited to analyze the Impact of Covid-19 on education through online learning. The study is useful only for certain period of time and the paper is prepared based on various articles, reports and data published in different newspapers and online publications.

1. Online learning requires self-discipline

2. Inability to focus on screens
3. Technology Issues
4. Sense of Isolation
5. It may be impersonal
6. Online courses required good time management

How Student and Teacher adapted on line Education:

Education Institutions moved toward blended learning and encouraged teachers and students to acquire Technology savvy. Soft Technology online, webinars, virtual classrooms, teleconferencing, digital exams and assessments became a common phenomenon. Educational activities are hampered to a great extent, and we could sense a great amount of confusion, the postponement or delay in exams, academic sessions or the like. There was not enough space for the so called co-curriculum. Pandemic has been excellent to educational Institutions, as the payment of fees was very poor. Many low budget schools got shut down. This situation demands the updating of infrastructure and knowledge of how to face events like this in the future. Universities are also offering online courses that are delivered and completed over the Internet. This institution should utilize such information as financial and student data to plan, evaluate, and implement strategies that can improve students' learning outcomes. Online academics are becoming popular because of real-time and interactive multimedia Technologies like live-streaming and video conferencing. Students can now complete their courses entirely online. Global demand for education services is growing as Nations seek to educate their workforce and expand worker's vocational and technological skills. A worldwide storage of teachers, especially in the developing Nations, has had a significant impact on education services in many countries. Separate educational industry profiles about Public Schools, private schools" colleges and University community colleges and education and training services provide more detailed coverage of these industries.

CONCLUSION

Covid-19 has impacted immensely to the education sector of India though it has created many challenges various opportunities are also involved the Indian Government and different stakeholders of education have explored the possibility of open and distance learning by adopting different digital Technologies to cope with the present crisis of covid-19. India is not fully equipped to make education reach all corners of the nation via digital platforms. The students who are not privileged like the others will suffer due to the presence of digital platforms but Universities and the Government of India are relentlessly trying to come up with a solution to resolve this problem. The educational institutions to strengthen their knowledge and information technology infrastructure to be ready for facing covid-19 like situations. India should develop creative strategies to ensure that all children must have sustainable access to the learning during pandemic covid-19. The Indian policies must include various individuals from diverse backgrounds including remote regions, marginalized and minority Groups for effective delivery of education. As online practice is benefiting the students immensely, it should be continued after the lock down. Apart from technical and monetary issues students also reported a few other difficulties like the lack of interaction with the instructor response time and absence of traditional

classroom socialization. The lack of on-campus socialization has caused difficulties for students to do group projects in distance learning mode as reported by the students. Online education can be improved by making it more interactive showing procedures in real situations giving concise information and providing 3D virtual tools to know the real situation. Further detailed statistical study may be undertaken to explore the impact of covid-19 on the education system in India.

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Chuar Rebellion- The Tribal Resistance: A Historical Study

Krishna Kanta Das

Assistant Teacher (History)

Chaitanyapur Junior High School

Paschim Medinipur. Candrakona II Block, Ghatal Subdivision

Abstract: The present study has been carried out to study the organization of the Chuar rebellion, to study the factors behind the prolonged Chuar rebellion. It also discusses the consequences of the Chuar rebellion. In this study, the traditional methodology of collecting data from the government official sources, from the contemporary newspapers and from the eulogistic narration of the role of nationalist leaders by popular writers have been taken into consideration. But emphasis has been laid on the unutilized literary sources. The Chuar rebellion was a series of insurrections between 1771 and 1809 by the inhabitants of hills and forests of old Manbhum, Bankura and Midnapore (an area now mostly in West Bengal, India). Such people generally lived off the jungles and practised a sort of primitive agriculture. The nature of these disturbances varied from elitist to popular grassroots or people's movement. The tribal movements in the nature of ethnic movements usually tended to be resistance movements aimed at opposing the subtle and, at times, secretive efforts on the part of the non-tribal's, both British as well as the native people, to penetrate the preserved ethnic domains of the life of the tribal's.

Keywords: Chuar Rebellion, Tribal's, Resistance, East India Company.

Introduction: The Chuar Rebellion was the first formidable peasant-led Adivasi (Tribal) resistance against the East India Company. The Jungle Mehal Adivasis (mostly Southwest Bengal, including a portion of Singbhum, Manbhum, Chitonagpur and a portion of Orissa) is divided into different ethnic groups, viz. The British policy of resumption of land they had enjoyed since the Mughal period could not be tolerated by Bagdi, Kurmi, Santal, Bhumij, Bauri, Kora, Mahli and Munda and other groups. They had no other means of livelihood apart from the land and their services to local magnates. Their grievances, combined with the zemindars' precarious situation led to the spark of a widespread uprising commonly referred to as the Chuar uprising. Oppressed by both the East India Company Officials and local magnates, the peasants found no alternative but to participate in the clarion against the colonial regime. Price described the so-called Chuar Rebellion of 1799, the Settlement Officer of Midnapore, as the result of the "evil passions of the infuriated Sardars and Paiks," which "carried slaughter and flame to very doors of the Magistrate's cutcherry"ⁱ. The Paiks ('foot-men', being native, hereditary watchmen and militiamen) had been dismissed in large numbers under the British administration established in 1760 and their land grants (paikan) were reinstated. What is commonly known as the Chuar rebellion was mainly a revolt of the Paiks and Chuars. The Adivasis living in the jungle mahal were commonly called Chuars. Sri Chaitanya, the Vaishnava apostle of Bengal, passed through the area in 1509. At that time he described these tribal communities as the Paiks ('foot-men' being local, hereditary watchmen and militiamen). They were dismissed in large numbers under the British administration establishmentⁱⁱ. A similar perception, as Kavikankan Mukundaram Chakraborty called them Chooars, was found in Kalketu Upakhyan. Jogesh Chandra Basu took the Chuar to mean "outlandish fellow," and the term was applied to the wild tribes in Midnapore that occupied the jungle mehal and the tracts beyond themⁱⁱⁱ. According to the District Gazetteer's

histories, the ethnic groups of South-West Bengal were primarily Aborigines consisting of Kurmi, Santal, Bhumij, Bauri, Kora, Mahli and Munda and other peoples^{iv}. The Chotonagpur and Sardar Ghatwals of Bhumij, Mundas, and Mankis formed organized tribal communities and were the main force among the jungle mehalrebels^v.

Significance of the Study: during the period from 1799 to 1857, colonial rule witnessed numerous uprisings and disturbances in South-West Bengal. The essence of these disruptions ranged from elitist to common grassroots or the uprising of individuals. In the nature of ethnic movements, tribal movements traditionally appeared to be resistance movements aimed at resisting the subtle and, at times, covert attempts of non-tribal's, both British and indigenous peoples, to infiltrate the maintained ethnic realms of tribal life. For example, when the tribal people felt a certain perceptible challenge to their ethnic identity's fundamental elements like traditions, beliefs, social structures, lifestyles, dialects, etc., they resisted rigidly. In the early phase of the establishment of British rule in India, certain forms of tribal movements were dominant. In the nature of agrarian movements, a number of tribal movements also emerged to protest their exploitation at the hands of both colonial and native exploiters. But the strong feelings of the people against exploitative politics of the colonial rules and strong arm tactics of the unscrupulous elements such as Zamindars, moneylenders, and so on, which not only tended to ruin their livelihoods but also put an intolerable financial strain on them, remained the common point of all the tribal movements launched on agrarian issues. These movements took the primarily political type, despite having their own share of ethnic as well as agrarian problems, probably because of the nationalist viewpoints of their leaders who felt that their problems would be remedied through the national movement process in India^{vi}.

Objectives: The present study has been carried out with the following objectives-

- To study the organization of the Chuar rebellion.
- To study the factors behind the prolonged Chuar rebellion.
- To discuss the consequences of the chuar rebellion.

Method: In this study, the traditional methodology of collecting data from the government official sources, from the contemporary newspapers and from the eulogistic narration of the role of nationalist leaders by popular writers have been taken into consideration. But emphasis has been laid on the unutilised literary sources.

The organisation of the rebel chuars and the rebel zamindars: According to Ananda Bhattacharyya, Kurmi, Santhals, Bhumij, Bauri, Kora, Mahli, Goala, Sadgope of South West Bengal and Munda and Manki of Chotanagpur and sardar ghatwals organized themselves and rebelled against the Company government. They were given the generic term chuars^{vii}. So when the disturbances commenced in the Jungle Mahals, they all allied with each other to rebel. There were a number of 'refractory' zamindars who resisted the intrusion of the Company state. Jagannath Dhal, Jadu Singh, Ghatsila zamindar, Mayurbhanj raja rebelled against the Company state. The jungle zamindars remained extremely active during the 1770s and 1780s. By the end of the 1780s, some of them had been subjugated, or died, or had voluntarily surrendered to the Company state. However, when the paiks rose up in 1799, some of them saw that event as an

opportunity to regain their lands and power. They allied with the paiks and chuars and rebelled. The zamindars remained active during 1767-1782.

The Raja of Jhargram: As early as 1766-67, the Raja of Jhargram took a hostile stance against the Company government^{viii}. According to Ananda Bhattacharyya, the stronghold of the chuars lay in Manbhum and Barabhum, particularly in the hills between Ghatsila and Barabhum. They held their lands under a kind of feudal tenure but were not attached to the soil. They were hired to pillage the countryside by the jungle chiefs or zamindars who could not be coerced into paying revenue. Raja of Jhargram eventually submitted to John Fergusson, commanding officer, in 1767.

The zamindar of Ghatsila: Simultaneously Damodar Singh, the zamindar of Ghatsila, which was the headquarters of Dhalbhum, also opposed the Company state. He evaded paying the enhanced revenues for two months and fell into arrears. It appears he wanted to declare independence. That was problematic for the government as they were apprehensive that others might follow his example, and they might lose a great part of the jungles during the rainy season^{ix}. In order to remedy the situation, Vansittart deployed Lieut. Rooke with 2 companies of sepoys against him to remove the Raja's principal adviser. He was not eager to remove the Raja if he voluntarily submitted to the Company's regulations^x. The Ghatsila zamindari ended up with an arrear, though the Company state believed it was recoverable. At this point, he indulged in a covert, everyday form of resistance and did not openly rebel. However, we may assume that the Company state did not take kindly to his non-payment of revenue and viewed it as an act of rebellion.

Raipur Raja: Similarly, Raipur Raja also resisted the Company state. He is rather an interesting character. A supposedly 'ill-tempered man', he claimed some villages in Bengal as his own, even before the East India Company state had found a grip in Bengal. However, even after the emergence of the East India Company state and after they had firmly established their rule in Bengal, he continued to claim these villages^{xi}. The Company officials found the claims to be groundless. As a consequence, the Raja took hold of Beleachora, plundered and pillaged various villages. The villages of Juanpore and Nyabassan became particularly vulnerable to his 'raids', and it became clear to the Company state that the Raipur Raja intended to control the revenues of Nyabassan. So, it became imperative for them to protect the villages. It appears that Jagannath Dhal and Raipur Raja allied themselves against the Company government. Jagannath Dhal at one point took refuge in Bumunghati, a zamindari under the aegis of Mayurbhanj Raja. The Company officials had to resort to threats to flush him out. So even in the earliest stages of the Company's administration, they had to tackle those who questioned their authority firmly.

Factors That Prolonged the Chuar Rebellion

Insufficient force: While the Company state was better equipped in terms of weaponry and the rebels had to make do with traditional arms and ammunition; the Company state had 'insufficient' number of troops to deal with rebellions of this intensity. They repeatedly suffered from a lack of discipline and lack of permanency and from having inadequate numbers to quash the rebellions. For instance, they never had more than 5-20 sepoys at a time at a place. The chuars, on the other hand, used to travel in bands of at least 500, going up to 2000^{xii}. The

commanding officers always had to ask for reinforcements^{xiii}. We have seen similar problems for the Company during the sannyasi-fakir rebellion as well. Some of the sannyasi-fakir 'raids' occurred in Midnapur as well. We may thus infer that these sepoys were inadequate to oppose the chuars who had numerical superiority.

Role of environment and terrain: Even in 1800, 2/3 of Midnapur consisted of jungles, a greater part of which was inaccessible and unpopulated. The Manbhum area was "Mountainous and overspread with thick woods which renders it many places utterly impassable". When the Mayurbhanj Raja rebelled against the Company state, the government sent forces to apprehend him at Amardagarh (Amurdaghur). However, the sepoys faced a number of problems. The area was in the centre of a large jungle. The roads were narrow. It was extremely difficult to access. Also, the rebels tended to flee into the jungles where it was "beyond the power of human exertion to root them"^{xiv}. The Mayurbhanj Raja was able to elude the forces for three years before he was apprehended and expelled from Beleachora. During the first phase of the chuar disturbances, the rebels would take refuge 20 cosses from the fort of Ghatsila zamindari. They would carry off cattle into the jungles, hide in the flooded rivers to harass and defy the Company troops and blockaded their ways to prevent them from getting provisions, food and ammunition.

The government's lack of local knowledge and countermeasures: The Company officials were aware that the zamindars might oppose them. Even though they were confident that they could subdue the zamindars, but the officials acknowledged that they ran the risk of being caught by surprise and being continuously surrounded with thick woods. It was treacherous. This made them cautious about their choice of the encampment. As a result, the Company state had to hire runners, spies and guides to help them negotiate with the unfamiliar region. The spy network grew out of their need to negotiate with this perilous area. Aside from the aid of the local guides and harkaras, the Company government also received help from the 'black troops', employed in the service of the zamindars of Darinda and Karnagarh. These men scoured the edges of the roads to prevent the Company's troops from "ambush or alarm"^{xv}.

Nature of resistance of the chuars: It is evident from the sources that the Company state was in a nascent stage during the 1760s. They prioritized the maximization of land revenue. They enhanced the land revenue of the jungle zamindars in a bid to bring the independent jungles under their purview and collect more from these areas. This prompted the zamindars to rebel. We know the first chuar rebellion broke out in 1767.

It is noticeable that initially, they did not engage in open skirmishes with the Company forces. Some of them prayed and petitioned to the government, stating their inability to pay the revenue at an enhanced rate. At the same time, people like the Raipur Raja and Jagannath Dhal were more ambitious and openly encroached upon the Company's territories. Slowly the other zamindars showed their reluctance to pay the revenue at all. This could be termed as their covert form of resistance. At this stage, this resistance movement remained directed towards the Company state. Eventually, the Company state sent military forces to subjugate them. At that stage, they engaged in open rebellion. Their resistance escalated to a more overt one. Ordinary paiks also joined in the rebellion, but their role was that of a foot soldier. It also appears though there was no visible evidence of a peasant involvement in this movement although the inhabitants of zamindars'

properties, for example, Jadu Singh's estate, were loyal to them. Fateh Singh zamindar was one of the rebellious zamindars who also received much support from his people. They were so loyal that the government needed harkara intelligence to drive him out and end the insurgency.

Consequences of the first chuar rebellion: The direct consequence of this phase of the 'Chuar Disturbances' was reflected in the deficit in the annual balances of revenue in Panchet and other Petty Mahals. The balance of Panche, including Jelda in May 1782 was Rs.13332 (appx), Bisnupur Rs.56624 (appx) and that of Midnapur was Rs.39370 (appx). 239 Recovery of balances in Midnapur appeared to be quite doubtful to the Company state. They decided to sell parts of the zamindars' lands. From the administrators' viewpoint, it had become essential to take extreme measures to realise the jama and "protect the ryots from oppression"^{xvi}.

Despite the compromises made with Jagannath Dhal, the mistrust did not completely disappear. When the question of dividing the Jungle Terai country was raised, the government eventually decided against it as they feared Dhal would try to destroy smaller zamindari. They considered it wise to keep the larger ones^{xvii}.

Conclusion: The movement had reached its peak in 1795. However, there were some incidents of disturbances in the following years as well. Even before the first phase of the movement ended, the second phase of the movement started in the Jungle Mahals in 1799. Therefore, it may be assumed that disturbances in the area occurred as a direct consequence of the Company state's revenue policy in various sections of the Jungle Mahals at different points in time. The revenue policy took various forms. In the initial years, the Company state wanted to directly extract revenue from the Jungle districts, prompting the landlords to rebel.

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A Study On Mental Health And Wellness Among Kabaddi And Kho-Kho Players

Dr. Sanjay D. Kokate

Asst. Prof. Physical Education,
College of Agriculture, Dr. P.D.K.V. Akola

Abstract

Sports construct teamwork, character, and honour, field, kindness, inclusion, resilience, perseverance, and greater blessings of precise sportsmanship hazard to make broaden new competencies. Sports psychology is the study of ways psychology impacts sports activities, athletic overall performance, exercising and bodily interest. Improve the overall performance and boom motivation. It facilitates athletes use mental standards to attain ultimate intellectual fitness and to enhance overall performance (overall performance enhancement) and sports activities psychology broaden the ultimate athletic overall performance, care and health of athletes, coaches, and game organizations, and the relationship among bodily and mental functioning. Kabaddi is essentially a fighting game with seven players in all divisions; will be shown for forty minutes with a five minute intermission (20-5-20). The main idea of the sport is to achieve factors by attacking the opponent's court and touching as many defenders as possible without one breath. The cause of the examine became to evaluate the chosen mental profile on self-self belief of Kuvempu University and Davanagere University. Kabaddi and Kho-Kho guys gamers with the aid of using the use of standardizing questionnaires designed with the aid of using Vealey, Hayashi, Garner-Holeman, and Giacobbithe topics had been starting from 18 to twenty-eight years, the statistics accumulated became dealt with with the statistical technique "t" check and large on account that it's miles greater than the desk value. The examine confirmed that there has been a substantial among Kabaddi and Kho-Kho guys gamers. Kabaddi gamers higher then Kho-Kho gamers in self-self assurance. The motive why Kabaddi gamers advanced in self-self assurance because of degree of aggression is high. It is suggested that comparable examine can be performed to one of a kind age groups. Same examine can be performed on large sample. Similar examine can be performed for one of a kind levels.

Keywords: Sport, psychology, kabaddi, kho-kho, self belief

Introduction

Generally, the blessings and importance of sports activities are spoken with the help of people and yes, each game is deeply related to the physical, physiological, intellectual and peak condition of the character. This makes it easier to maintain character and physical and mental health. Practice in daily life helps develop intellectual competence. It also improves the mental abilities of the game character. It brings motivation, courage, hard work and focus. Sports have become important for faculties for the welfare of researchers. Sports and video games are a constant way to encourage mental and physical growth. It makes us learn how to maintain physical and mental stability because it improves attention and memory. It makes existence too non-violent to face difficult situations. It develops friendship

and removes all differences between people. It keeps the shape, which makes us strong and lively but also keeps the thoughts violent, which brings a good mood and keeps us away from various diseases and disorders. Sportsmanship or Sportsman Spirit presents gambling behavior truly and acceptance of victory or defeat with complete understanding. Thanks to his difficult paintings and contributions, it is easier for people to understand and represents a beautiful way of thinking and respect for others.

Kabaddi is essentially a fighting game with seven players in all divisions; will be shown for forty minutes with a five minute intermission (20-5-20). The main idea of the sport is to achieve factors by attacking the opponent's court and touching as many defenders as possible without one breath. One participant sings Kabaddi!!! Kabaddi!!!! Kabaddi!!!! Enter the opponent and the courtroom and try to hit the opponent closest to him, even when seven fighters move to catch the attacker. This is Kabaddi, arrangement 1-7, which is called a martial art. Defensive players are known as "Antis" while attacking players are known as "raiders". Opponents hit by the hitter while hitting are called out if they do not hit the hitter again before he returns to home plate. Those players prefer to continue playing if their aspect ratio affects an alternative perspective during the steal, or if decisive players achieve a reverse discount. Kho-Kho is an indigenous Indian sport with roots dating back to ancient times. Comparable sports were probably practiced during the duration of the epic; but the dominant form of sport constituted the all-India freedom movement. Before the beginning of the last millennium, the Kho-Kho Union was also created. The association organizes championships in its jurisdiction. The sport of Kho-Kho is usually practiced on grassy, clean, moist, bare dusty ground. In sub-junior and in different divisions, different sized fields are used. The specialty of the sport is that the wooden posts are standard on the field, close together, so you can split in half using a 30cm wide main track that runs from one post to the other. In the neighborhood between the two columns, known as the courtroom, there are eight lanes of traffic that, during normal times, run parallel and intersect with the main lane to form squares. Proximity between positions and proximity outside of positions form the Kho-Kho field.

Review of Literature

Stolz Stephanie L. carried out a examine at the significance of self-self belief in overall performance to decide whether or not people withinside the room of 30 had been capable of carry out motor project beneath nice and poor conditions and additionally to realize what impact the feedback had at the topics overall performance outcome. Investigator use experimental corporations and one manage institution and investigator use one experimental institution and gave them numerous encouragement and nice phrases and to different experimental institution he gave poor and non-encouraging phrases. The college students had been randomly assigned to this institution. The investigator makes use of rubbish can, 8 nerf ball, covering tape and faux questionnaires. Then investigator gave five baskets for every college students after given nice or poor feedback, then he crammed their rating to the variety mode out of five. The end result confirmed that scholars who obtain poor encouragement and

the negative grade at the questionnaire did poorly than the scholars that obtain nice encouragement and precise grade at the questionnaire. Although 8 of the 30 college students taken into consideration themselves athletic there has been no distinction in photographs made among the athlete and non-athlete. To examine the statistics researcher used ANOVA and Tukey, HST statistical technique. The creator determined the primary interplay for the institution became large $f(2,24) = 7.258$, $p = 0.003$. These outcomes have proven that there's a large impact of selfconfidence and self-efficacy in overall performance.

METHODOLOGY

The purpose of the study was to assess the level of self-confidence of university men players.

Selection of subjects: In order to achieve the purpose of study 50men players age 18 to 25 years from each game during the intercollegiate tournament University.

Table 1: Shows the mean value, standard deviation and t^* value of self-confidence.

SI.No.	Players {men}	Sample size	Mean + Standard deviation	't' value
1	Kabaddi	50	73.36±6.97	2.28
2	Kho-Kho	50	70.24 ± 8.96	

The above table shows the mean value, standard deviation and, t^* value of self confidence The, t^* value showed in the table found significant since it is more than the table value.

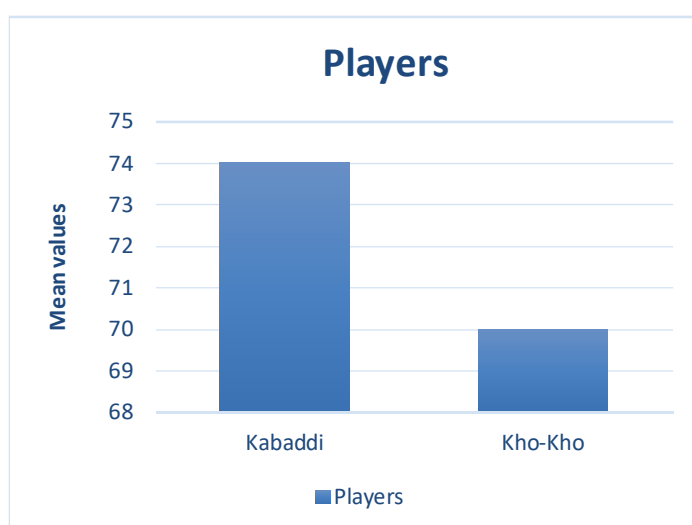


Fig 1: Comparison of mean value of self confidence between kabaddi and khokho men players

Conclusion

Kabaddi is essentially a fighting game with seven players in all divisions; will be shown for forty minutes with a five minute intermission (20-5-20). The main idea of the sport is to achieve factors by attacking the opponent's court and touching as many defenders as possible without one breath. Within the constraints of examine, the subsequent conclusions had been drawn. The examine confirmed that there has been a substantial among Kabaddi and Kho-Kho guys gamers. Kabaddi gamers higher than Kho-Kho gamers in self-self assurance. The motive why Kabaddi gamers advanced in self-self assurance because of degree of aggression is high. It is suggested that comparable examine can be performed to one of a kind age groups. Same examine can be performed on large sample. Similar examine can be performed for one of a kind levels.

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Analysing The Impact On General Physical Abilities Among The Kabaddi And Kho-Kho Players

Dr. Vijay E. Somkuwar

Sardar Patel Mahavidyalay, Dist. Chandrapur

Abstract

Physical wellness incorporates those characteristics which will allow a person to perform life exercises including speed, quality, nimbleness, force and continuance and to take part in different sorts of physical exercises expected of advanced living including sports and games, and to have the option to keep up ideal measure of qualification for the individual in question. Standard exercise and physical movement advances solid muscles and bones. Physical wellness is the ability to complete sensibly well different types of physical exercises without being unduly worn out and incorporates characteristics critical to the person & wellbeing and prosperity. Physical wellness incorporates more than strong quality. The fundamental reason for this investigation is to discover the correlation of physical wellness among Kabaddi and Kho-Kho female Players. For the current investigation the specialist takes the female university kabaddi and kho-kho players, taken as wellsprings of information. Twenty five female Kabaddi players and twenty five Kho-Kho players, who had taken an interest in university competitions, were favored as zone being talked about for this investigation. The age of the topic was extending from 18 years to 25 years.

Keywords: Physical exercises, kabaddi, kho-kho

Introduction

Fitness method the capacity of an person to stay a satisfied and nicely balanced lifestyles. It entails now no longer most effective bodily however intellectual, emotional, social and religious elements of an person. Interaction and interdependence of those levels of a person's fitness are such that any deviation from regular in any issue of those additives of health will make a person not able to satisfy the needs located on him with the aid of using his paintings or manner of lifestyles. Physical health is the functionality of the heart, blood vessels, lungs and muscle tissues to feature an ultimate efficiency (Getchell, 1965). Physical health is the essential necessity for any wearing pastime. Motor traits which include velocity, strength, endurance, and versatility along side bodily health are critical for excellence in sports activities. Sports running shoes and coaches are emphasizing on enhancing the bodily health and motor traits of the gamers, which is likewise called conditioning. A proper conditioning application is the spine of the over-all schooling of the sportsperson. In Kabaddi, the precise health is with regards to strength, velocity and co-ordination. Fitness schooling equips the sportsperson to stand the physiological and mental demanding situations that come his manner in his aggressive sports activities career. Specific health permits the participant to carry out the uncommon actions required with the aid of using the worried recreation, which the non-sportsman does now no longer carry out in his regular routine. Specific health but relies upon lots on fashionable health and that is the purpose why the sportsperson has to provide identical

significance to each fashionable in addition to precise health, to succeed. A recreation is an indoor or outside pastime related to bodily and intellectual attempt and skill, a sport wherein humans compete with every different in line with constant rules. It is an pastime humans absorb all through their loose time, typically for fun, amusement, endeavor or entertainment. It is was once considered, a peripheral pastime, a component time and an appendage to the middle of lifestyles which lifestyles can do with out a shelter for the escapist. But the sort of definition of sports activities has passed through a sea extrade withinside the contemporary-day days while sports activities have grow to be necessary for lifestyles to be significant and wholesome, each playing (sports activities) and looking sports activities. (Bucher 1964).

Wellness empowers a player to adapt to the physical requests of the game just as permitting the proficient utilization of his different specialized and strategic capabilities all through the match. Speed is profoundly basic in all the ball games, football and handball hostile and guarded player are to have acceptable speed so that however exchanges of positions are uncommon. It might be expected of them if time requests. Readiness is the physical capacity that empowers an individual to quickly alter body position and course in an exact way. Spryness is the capacity to alter course rapidly and adequately, while moving as right on time as conceivable at max throttle. The crude man might be the very idea of his every day exercises, manufacture a solid body better than the socialized man in current humanize apparatus world, the change for the physical exercises are less a result of the creation of PC thus numerous different gadgets the cooperation in the physical action is to kept up a decent wellbeing. Kumar Sunil (2011) compared the Kabaddi and Kho-Kho players on the selected physical and mental abilities.

Physical wellness incorporates those characteristics which will allow a person to perform life exercises including speed, quality, nimbleness, force and continuance and to take part in different sorts of physical exercises expected of advanced living including sports and games, and to have the option to keep up ideal measure of qualification for the individual in question. Standard exercise and physical movement advances solid muscles and bones. It improves respiratory, cardiovascular wellbeing, and in general wellbeing. Remaining dynamic can likewise assist you with keeping up a sound weight, lessen your hazard for type 2 diabetes, coronary illness, and decrease your hazard for certain malignant growths. Devaraju.K.(2012) predicted the playing ability in Kabaddi from selected anthropometrical, physical, physiological and psychological variables among college level players.

Sports and games in present day times have taken a clear shape in correlation with the youthful and informal plays of old occasions. Today sports are getting proficient; players are winning a ton through games and sports. Sports as of late are for the most part of a serious sort through their procreative qualities can't be thought little of or denied. Notwithstanding the battling mentality between the contenders, sports bring the various countries closer and build up fellowship and companionship between the individuals of various nations. Physical

wellness is the capacity to do every day errands power and sharpness, without undue weakness, and with sufficient vitality to take part in a relaxation time interests and to meet the better than expected physical burdens experienced in crisis circumstances. Physical wellness is the ability to complete sensibly well different types of physical exercises without being unduly worn out and incorporates characteristics critical to the person & wellbeing and prosperity.

KhoKho is a well known label game created in Maharashtra, India. It is played by groups of 12 assigned players out of fifteen, of which nine enter the field who sit on their knees (pursuing group), and 3 extra (protecting group) who attempt to abstain from being moved by individuals from the rival group. It is one of the two most famous customary label games in the Indian subcontinent, the other being Kabaddi. The game is broadly played across South Asia and has a solid nearness in South Africa and England. Kho-kho is a conventional Pakistani and Indian game a type of tag, that is probably the most established type of open air sport, going back to prehistoric[citation needed] India. It is played frequently by younger students in Pakistan and India and is a serious game. Kabaddi is a contact group and game played between two groups of seven players each. The target of the game is for a solitary player on offense, alluded to as a "thief", to run into the rival group's half of a court, tag out whatever number of their protectors as could be expected under the circumstances, and come back to their own portion of the court, all without being handled by the safeguards, and in a solitary breath. Focuses are scored labeled by the marauder, while the rival group wins a point for halting the thief. Players are removed from the game in the event that they are labeled or handled, however are brought back in for each point scored by their group from a tag or tackle.

Review of literature

Ali Sabir S K (2012) studied the relation between Anxiety and Sports Perfectionism of Kabaddi players through descriptive survey method within ex-postfacto research design. Ninety four men Kabaddi players of the teams of different Indian Universities were considered as the sample of the present study. Data was collected from the Kabaddi players in course of Inter-University Kabaddi (Men) Tournament, held in the University of Kalyani. "Sport Multidimensional Perfectionism" by Causgrove Dunn & Syrotuikm (2002) and "Trait Anxiety" by Spielberger, et al (1983) was administered. "Multiple Regression Analysis" was done. Trait Anxiety was taken as dependent variable and different facets of Sport-MPS [Personal Standards (P.S.), Concern over Mistakes (COM), Perceived Parental Pressure (PPP) and Perceived Coach Pressure (PCP)] were considered as independent variables. The derived predictive equation was as follows: $\text{Trait Anxiety} = 43.569 - 0.229 \times \text{Personal Standards (P.S.)} + 0.325 \times \text{Concern Over Mistakes (COM)} + 0.065 \times \text{Perceived Parental Pressure (PPP)} - 0.203 \times \text{Perceived Coach Pressure (PCP)}$. Personal Standards (P.S.) and Perceived Coach Pressure (PCP) decrease the Trait Anxiety. Concern over Mistakes (COM) and Perceived Parental Pressure (PPP) increased the Trait Anxiety of the Kabaddi players.

Devaraju.K.(2012) predicted the playing ability in Kabaddi from selected anthropometrical, physical, physiological and psychological variables among college level players. One hundred and twenty six male inter collegiate Kabaddi players were randomly selected from various colleges in Tamilnadu state, India and their age ranged between 18 and 28 years. The subjects had past playing experience of at least three years in Kabaddi and only those who represented their respective college teams were taken as subjects. Psychological factors namely Somatic anxiety, Cognitive anxiety and Self confidence were assessed by Competitive Sports Anxiety Inventory – II (CSAI - 2). The playing ability which was taken as the performance factor was subjectively assessed by three qualified Kabaddi coaches. All testing was done two day before inter - collegiate competition by using scientifically approved equipments. Mean and Standard deviations were calculated for each of the selected variables. The inter-relationship among the selected anthropometrical, physical, physiological and psychological variables and Kabaddi playing ability, were computed by using Pearson' product-moment correlation coefficients. The results revealed that an Inter- relationship exists significantly between the anthropometrical, physical, physiological and psychological variables among male intercollegiate Kabaddi players. The results also revealed that Leg explosive strength, Speed, Self confidence, Muscular endurance, and Muscular power become the common characteristics which can predict the playing ability in Kabaddi players.

Kumar Sunil (2011) compared the Kabaddi and Kho-Kho players on the selected physical and mental abilities. one hundred players- 50 from the game of Kabaddi and 50 from the Kho-Kho has been selected on purposively and randomly basis, who had won medal position in Delhi Scholl Zonal, Inter-Zonal and participated in National School Games during the 2009 and 2010. All the subjects were regularly practicing and competing in their respective sports competition. It was a comparative study on selected psycho-physical fitness components of Kabaddi and Kho-Kho players of Delhi schools. The necessary data was collected with standardized procedure by administering selected psychophysical abilities. The significant difference was found in the Sports Competition Anxiety Test (SCAT) in relation to the Kaabddi and Kho-Kho players. The Kho-Kho players group had high anxiety level, but both the groups had optimum level of anxiety to perform better in the sports competition. The safety precautions should always be adopted for the Kabaddi and Kho-Kho training and competition for the safety of the player.

Srikrishan Patel et al (2011) examined the mental toughness and its influence on performance outcome in competition .72 male Kabadi players of different level competing in All India invitational Kabaddi tournament organized by Sahyog Krida Mandal, Shridham, district Narsinghpur, Madhya Pradesh was selected as sample. ,which was further divided in 2 groups as per performance outcomes in competition, like, one is successful Kabaddi players as their team had won the first, second and third place and the other one is non successful Kabaddi players as their team had not won any place in all India Kabaddi tournament 2010.

Psychological performance inventory (PPI,Loehr 1986) was administered to measure the mental toughness to both the group in this study. Analysis of the fundamental areas of mental toughness revealed that the successful Kabaddi players scored significantly higher on all subscale of mental toughness and significant differences were observed between 2 groups (successful and non successful) on all scales of mental toughness.

Methodology

The researcher has depicted the plan of the examination in detail. The size and determination of the example, the variable and the control utilized the wellsprings of information, the devices and the technique for social occasion information, the portrayal of information gathering instruments and the measurable methodology utilized in the investigation are deliberately depicted.

Selection of the subject

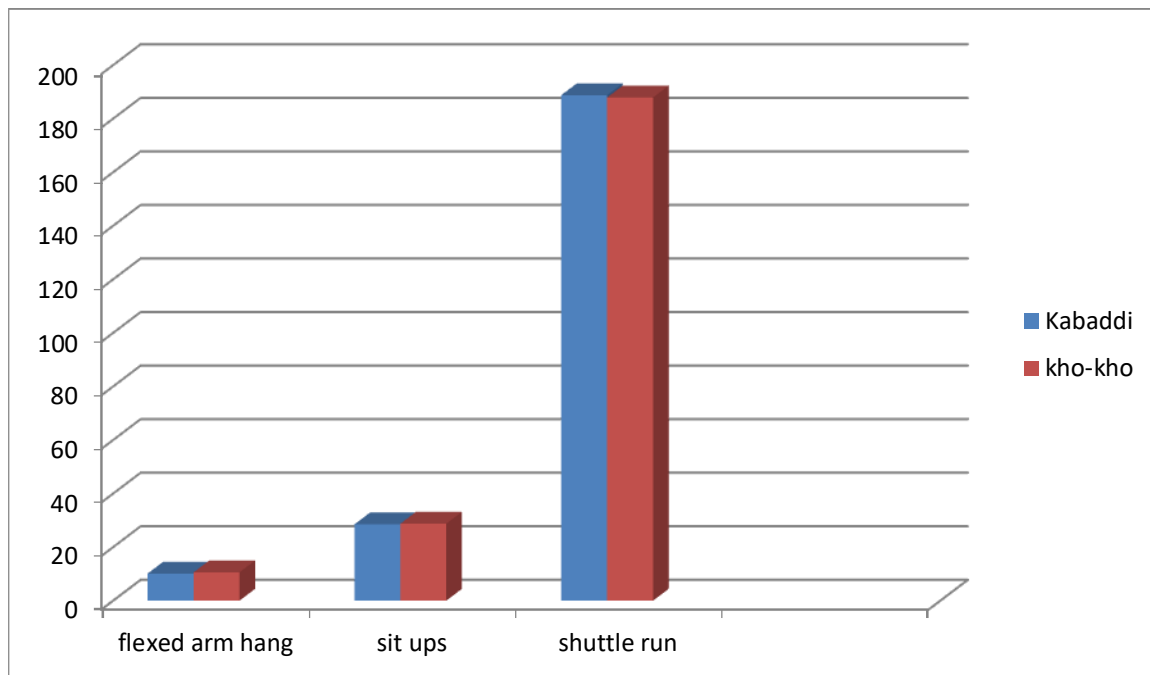
Twenty five Kabaddi players and twenty five Kho-Kho players, who had taken an interest in entomb university competitions, were favored as region being talked about for this examination. The age of the topic was going from 18 years to 25 years.

Analysis of data

Mean and t-ratio of physical fitness for Kabaddi and Kho-Kho female players

Variables	Group	Mean	S.D.	SE	MD	Ot	Df
Flexed Arm Hang	Kabaddi	10.13	2.22	0.66	0.43	0.66	48
	Kho-kho	10.57	2.47				
Sit Ups	Kabaddi	28.48	5.52	1.57	0.24	0.14	48
	Kho-kho	28.73	5.53				
Shuttle run	Kabaddi	188.75	11.06	3.33	1.87	0.56	48
	Kho-kho	187.89	12.41				

Graphical representation



Conclusion

Physical wellness incorporates those characteristics which will allow a person to perform life exercises including speed, quality, nimbleness, force and continuance and to take part in different sorts of physical exercises expected of advanced living including sports and games, and to have the option to keep up ideal measure of qualification for the individual in question. Standard exercise and physical movement advances solid muscles and bones. Physical wellness is commonly accomplished through appropriate sustenance, moderate-energetic physical exercise, and adequate rest. Physical wellness is the capacity to do every day errands power and sharpness, without undue weakness, and with sufficient vitality to take part in a relaxation time interests and to meet the better than expected physical burdens experienced in crisis circumstances. Physical wellness is the ability to complete sensibly well different types of physical exercises without being unduly worn out and incorporates characteristics critical to the person & wellbeing and prosperity.

On the basis of the result drawn with the mentioned methodology the following conclusion were sort out:

1. There was no significant difference in flexed arm hang, sit-ups, shuttle run between kabaddi and kho-kho players.

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